GOVERNMENT OF PUNJAB DEPARTMENT OF HEALTH & FAMILY WELFARE

Parivar Kalyan Bhawan, Sector 34-A, Chandigarh

No. COVID-19/NHM/Pb/20/ 702- 708

Date 2 July 2020 Chandigarh

To

- 1. Principal Secretary, Department of Rural Development and Panchayat, Punjab
- 2. Principal Secretary, Department of Animal husbandry, dairy and fisheries, Punjab.
- 3. All the Commissioners of the Divisions, Punjab
- 4. All the Commissioners of Police, Punjab.
- 5. All the Deputy Commissioners, Punjab.
- 6. All Senior Superintendents of Police, Punjab.
- 7. All the Civil Surgeons of Punjab.

Subject: General and specific advisory on opening and maintaining cattle fairs in the wake of COVID-19 pandemic.

Corona virus Disease 2019 (COVID -19) is a systemic disease caused by a novel Corona virus (SARS-CoV-2), transmitted in most instances through respiratory droplets, direct contact with cases and also through contaminated surfaces/objects. Timely and correct information and knowledge about the corona virus is the key to control the pandemic.

I. General Advisory

- All are advised to follow strict social distancing measures and maintain a minimum distance of 1 meter amongst the staff at all times.
- 2. The cattle operators/workers shall be advised not to indulge in any handshakes or hugs to greet/see-off each other.
- Cattle operators/workers should be advised to wear masks at all times immediately from leaving the house till the entry back into the house.
- The masks shall be worn in a manner that it snuggly covers the nose as well as the mouth.

- 5. The mask, if cloth mask should be washed with soap and water daily after use. If using surgical mask it should be discarded as per procedure. In case an N-95 masks is being worn, it must be used as per maker guidelines/instructions.
- Face shields, in addition to the face mask, may be used where the workspace is crowded and maintaining a physical distance of 1 meter at all times may not be feasible.
- 7. The cattle operator should encourage the worker to stay at home in case of any fever or other symptoms related to the COVID-19 and seek medical advice.
- 8. Workers/cattle operators detected with high fever in the office premises does not mandatorily mean that he/she is suffering from COVID-19.
- 9. Alcohol-based sanitizer (minimum 70% ethyl alcohol v/v) should be used by all to sanitize their hands. The sanitizers are to be refilled/replaced frequently. Use a minimum of 3ml of the sanitizer (approximately 2 pushes of sanitizer dispenser) on DRY HANDS for at least 30 seconds for good hygienic hand disinfection.
- 10. Wash the hands even if the hands appear to be apparently clean.
- 11. Wash the hands with soap for at least 40 seconds by applying the soap gently on the palm and back of the hand including web spaces between the fingers and space as well as between the finger and the thumb and the wrist.
- 12. Follow the norms of respiratory etiquettes. Cover your mouth while coughing/sneezing preferably with tissue paper. After every use, use a new tissue paper and discard it in the dustbin. In case handkerchief/tissue is not available, then it is preferable to cough/sneeze into your bent elbow rather than your palms.
- 13. Do not touch your eyes, nose and mouth.
- 14. Do not spit in open space except when absolutely essential and only in the washbasin of the toilet in the office space.
- 15. Avoid all type of gatherings like social, religious, political etc.
- 16. Avoid touching the surfaces like door handles, staircase railings, walls and other possibly infected surfaces.
- 17. Before touching/using any machine, it is better to disinfect it with 1% Hypochlorite solution.

II. Specific Advisory

- 1. No cattle fairs should be organized in a district defined as a containment zone/red zone/hotspot by the district administration.
- 2. The cattle should be properly sanitized before entering the fair premises.
- Foot-operated hand washing stations should be available at some selected spots in the premises.
- 4. Workers should be asked to wash their hands by the cattle operators.
- III. The workers/cattle operators should not indulge in gossip/rumours with regard to COVID-19 without verifying the facts. The employer may encourage the employee to download "COVA APP" developed by the Government of Punjab for the correct, timely and authentic information.
- IV. The cattle operator, in case a worker is diagnosed as corona positive and such a worker has attended the fair, shall immediately inform the Helpline No. 104 or the State Control Room No. 01722920074/+91-8872090029 along with all the facts about the worker and the contacts he/she might have during the fair.

All are encouraged to take proper diet, assimilate correct information and keep themselves aware and updated with the information at all times, and indulge in useful and productive activities during the available free time.

Director Health and Family Welfare, Punjab

NO. COVID-19/NHM/Pb/20/ 17-9-13

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Copy for information:

- 1. OSD to Chief Secretary for kind information of Chief Secretary Govt. of Punjab.
- 2. PS to Additional Chief Secretary Health and Family Welfare Punjab
- 3. PA to Secretary Health and Family Welfare Punjab.
- 4. PA to MD PHSC.
- 5. State Control Room for COVID-19.

Director Health and Family Welfare, Punjab